

Lincoln Resource Guide for City Offices and Health & Welfare—
Stay Informed of What is Happening and How to Get Help

Alcohol & Drug Abuse Resource Center--1-800-879-2772

HICAP - 530-889-9500--(Health Insurance Counseling and Advocacy Program) Services of Northern California: Free individual counseling about Medicare and other health issues.

Lincoln City Web Site— www.ci.lincoln.ca.us — Excellent web site is current for city activities. Look under “What’s New” for roadmap to insight.

Lincoln E-Bulletins—City of Lincoln will send E-mail updates of what is happening. To sign-up send Email to citymanager@ci.lincoln.ca.us.

Lincoln Arts—(916) 645-9713 or website www.lincolnarts.org

Lincoln Chamber Of Commerce—(916) 645-2035

Lincoln City Council—Meets 2nd & 4th Tuesday Monthly 6:30 PM, at McBean Pavilion

Lincoln Economic Development Committee—3rd Wednesday Monthly, 7 AM, City Hall

Lincoln Library Board - 1st Wednesday of each month at 6 p.m. at the Twelve Bridges Library, 485 Twelve Bridges Drive, Lincoln, 434-2410.

Lincoln Parks & Recreation Commission—1st Tuesday Monthly, 6:00PM, Civic Center 472 E St., Lincoln

Lincoln Planning Commission—3rd Wednesday Monthly, 6:30 PM, Mc Bean Pavilion

Lincoln Transit-- (916) 645- 5400 Bus Routes, Dial-A-Ride, connections to Placer Transit

Lincoln Volunteer Center—(916)645-6254 or website www.lincolnvolunteer.com

Lincoln News Messenger—Weekly newspaper, each Wednesday, mailed to your home. (916) 645-7733 or email at messenger@goldcountrymedia.com

Lighthouse Counseling and Family Resource Center—645-3300 1530 Third St, Ste. 111, Lincoln

Neighbors InDeed--223-2763 A resource for Lincoln Hills residents to help find information and assistance. Services include Handy Helpers, Information & Referral, and Medical Equipment loans.

Neighborhood Watch, Lincoln Hills, 543-8436, email address frpawatson@sbcglobal.net

Poison Control--(UCD Medical Center) 1-800-876-4766

Sacramento Bee—daily newspaper. Every Thursday has South Placer Section. (916)321-1581 or 1-800-284-3233

Seniors First/Senior Link--1-530-889-9500 or 1-800-878-9222--Placer County Senior Information & Assistance, www.seniorsfirst.org. Services include Meals On Wheels, Handy Man, Friendly Visitors, Volunteer Transportation, and Health Care Express

Senior Café--645-1419 or 1-530-888-7137---Local government sponsored meals program for all seniors age 60 or older, Mon - Fri, at 472 E St., Lincoln. Suggested donation \$2.50. Reservations required 24 hours in advance:

Sun City Lincoln Hills Web site-- <http://www.suncity-lincolnhills.org/> Activities, directory, controlling documents available on line.

Television Channel 19--Wave (Starstream) Cable Sun City Lincoln Hills events, activities and re-plays of Board and special meetings.

Television Channel 18--Wave (Starstream) Cable Community events and activities including Re-play of City Council Meetings

Veterans Benefits Information--1-800-488-4308 X7968 or (530) 889-7968