



## NEIGHBORHOOD WATCH

By Ruth Werfel

We start out the new year by welcoming the following people to our roster.

**NEW COORDINATORS:** Barbara Bell, Village 22A; Shelley Black, Village 35B; Almeda DeCell, Village 32A; Marie Glover, Village 13; John Klea, Village 21; Deirdre Ryan, Village 7A; and Pauline Watson, adopted Village 32B. **NEW MAILBOX CAPTAINS:** Marcia Actis, Village 15, Mail Station #11; Shelley Black, Village 35B, Mail Station #2; Bill Carvalho, Village 35B, Mail Station #7 and #8; Virginia Fong, Village 39, Mail Station #4; Wolfgang Oplesh, Village 28, Mail Station #5; Gay Patrick, Village 30C, Mail Station #4; Jim Reimer, Village 36, Mail Station #9; Bea Rockwell, Village 1AB, Mail Station #2; Sandy Sandys, Village 36, Mail Station #1; Kerry Seibel, Village 41B/C, Mail Station #6; John Spangler, Village 13, Mail Station #2; Harvey Ulijohn, Village 42A, Mail Station #10. A big WELCOME to you all!

Now we need Coordinators for just the following villages: 5AB, 8A, 14, 24D, 30ABC and 39.

THIS 'N THAT: Resident Contact Information forms need to be updated and submitted to Village Coordinators by February 15. This might also be a good time for the Vial of Life forms to be updated. If you need a form one is available on our Neighborhood Watch website, at [www.lincal.net/watch](http://www.lincal.net/watch). If you need to get in touch with the Sun City Lincoln Hills Assn., that website has been changed to [www.suncity-lincolnhills.org](http://www.suncity-lincolnhills.org). The next training program for coordinators and mail box captains will be held in the Fine Arts Room of Orchard Creek Lodge on Friday, February 17. More information will be forthcoming on that. . . .

The next New Resident Orientation will be on January from 1:00 to 3:00 p.m. in the Solarium at Orchard Creek. The next one will be

on April 17. A Neighborhood Watch representative will speak at each gathering. No reservations or RSVPs are necessary.

NEW COORDINATOR FOR VILLAGE 32A, ALMEDA DeCELL is a semi-retired Clinical Psychologist and Life Coach who deals in most phases of one's emotional life. (She advertises frequently in the COMPASS; you'll find her card on page 20 of the December issue.) Hailing from Leslie, Arkansas, a thriving community of 400, Dr. DeCell explained that her parents died when she was young and, after of few years of bouncing from one sibling to another, she decided that life "has to be better," and she ran away, back to Leslie, and set out to make it so. After years of working, sometimes boarding a bus at 5:00 a.m. to go pick strawberries and then hurrying back to her room (as in room-and-board) she returned in time to work another job. In her late 20's she was able to go back to school and continuing working and attending school, finally receiving before she was 40, an MA degree and a PhD. She came to Lincoln from Mammoth Lakes, after making a search of retirement communities in the area and soon became a mail box captain because she wanted to "give something back." Here in Lincoln Hills in addition to her afternoon working hours, she enjoys tennis and working out, and plays Texas Hold-em with friends. She certainly has discovered that life can "be better."

ALERTS: We are happy to report that there are no burglaries to report. You are alerted, however, not to call area codes 809, 284, 649 or 976. This is a long-distance phone scam, which causes consumers to inadvertently incur high charges on their phone bills. AT&T recommends returning calls to familiar numbers only, and carefully reading your phone bill. Contact AT&T for more information.